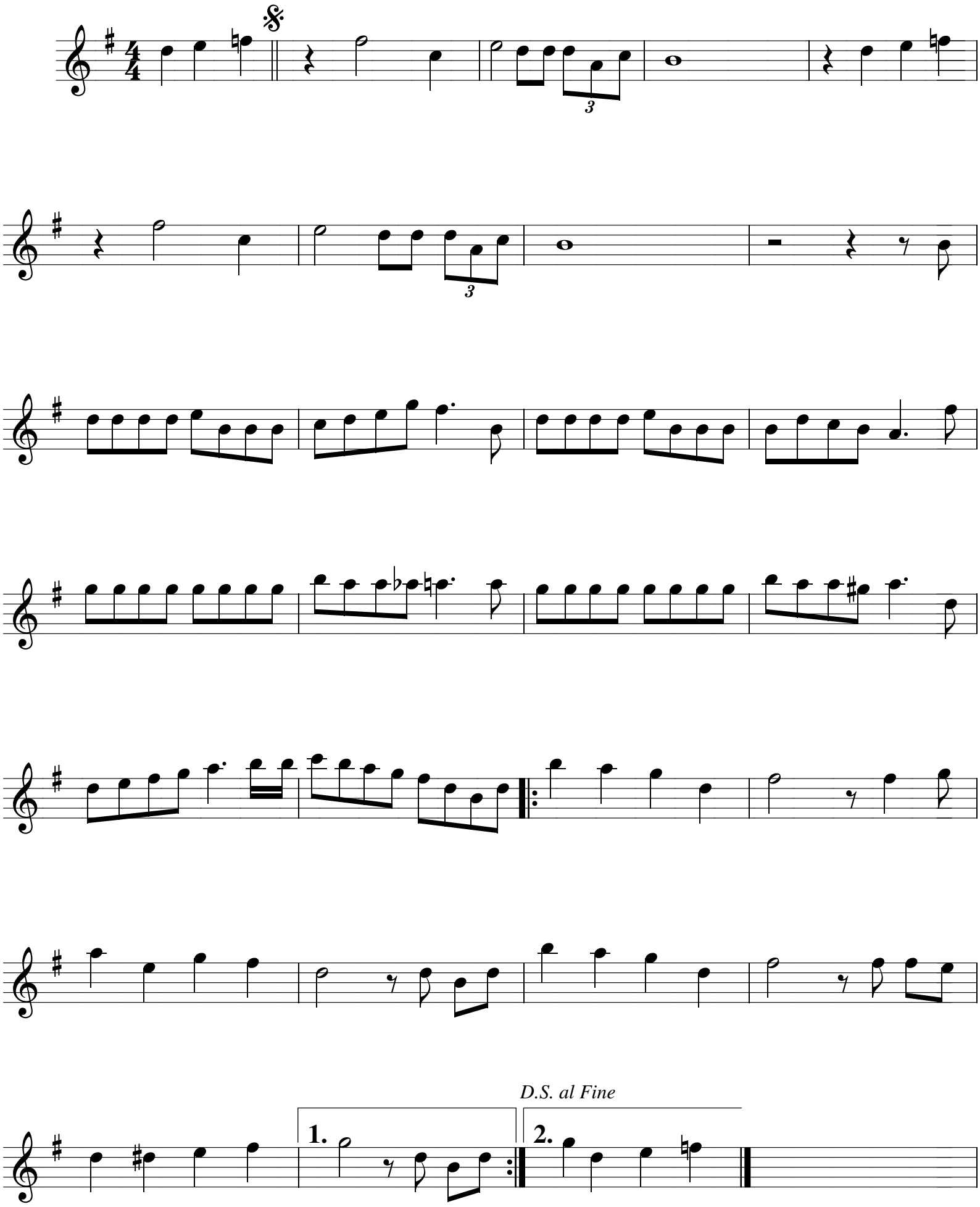Mestreechter nachte