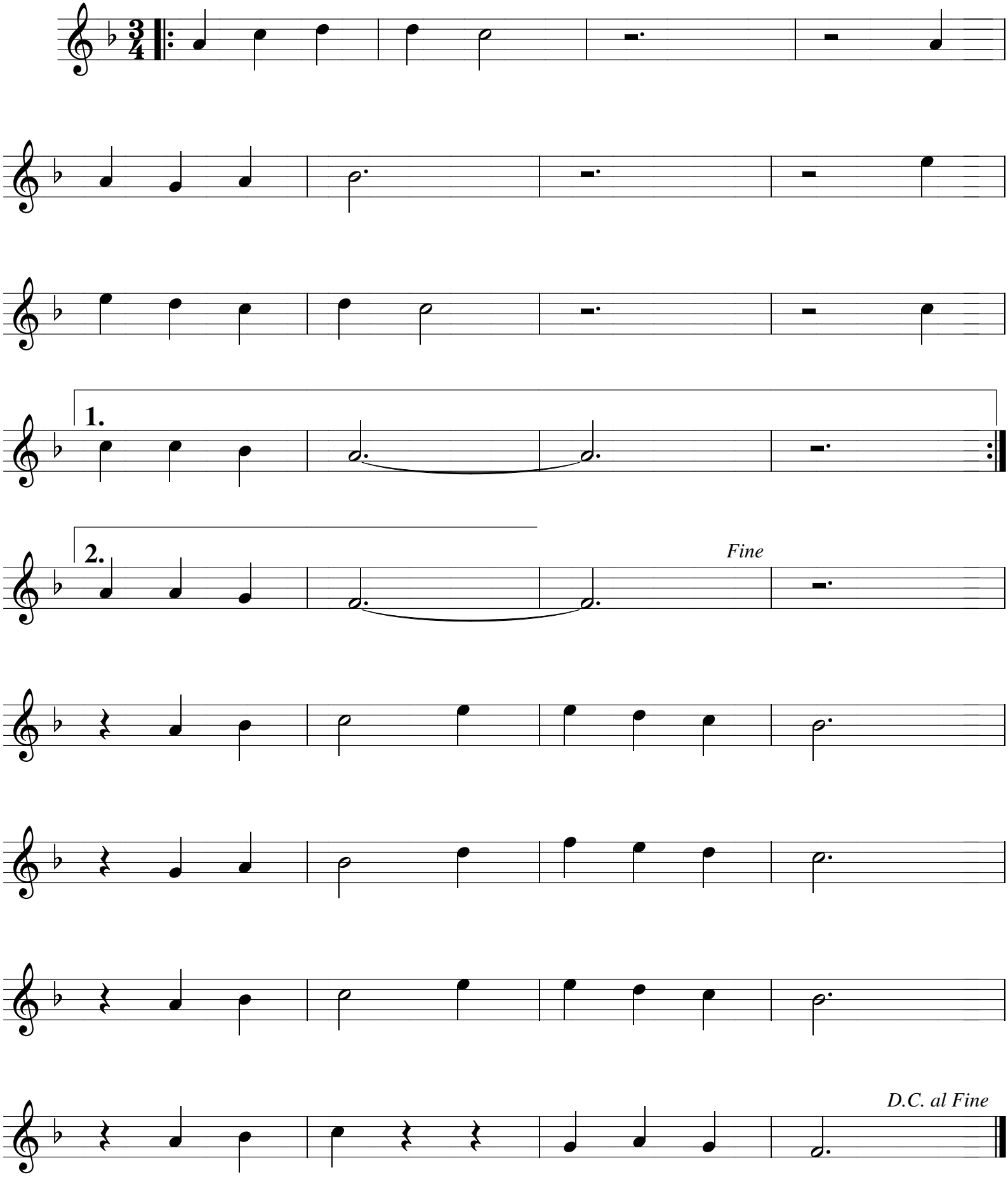Mien roezebleedsje