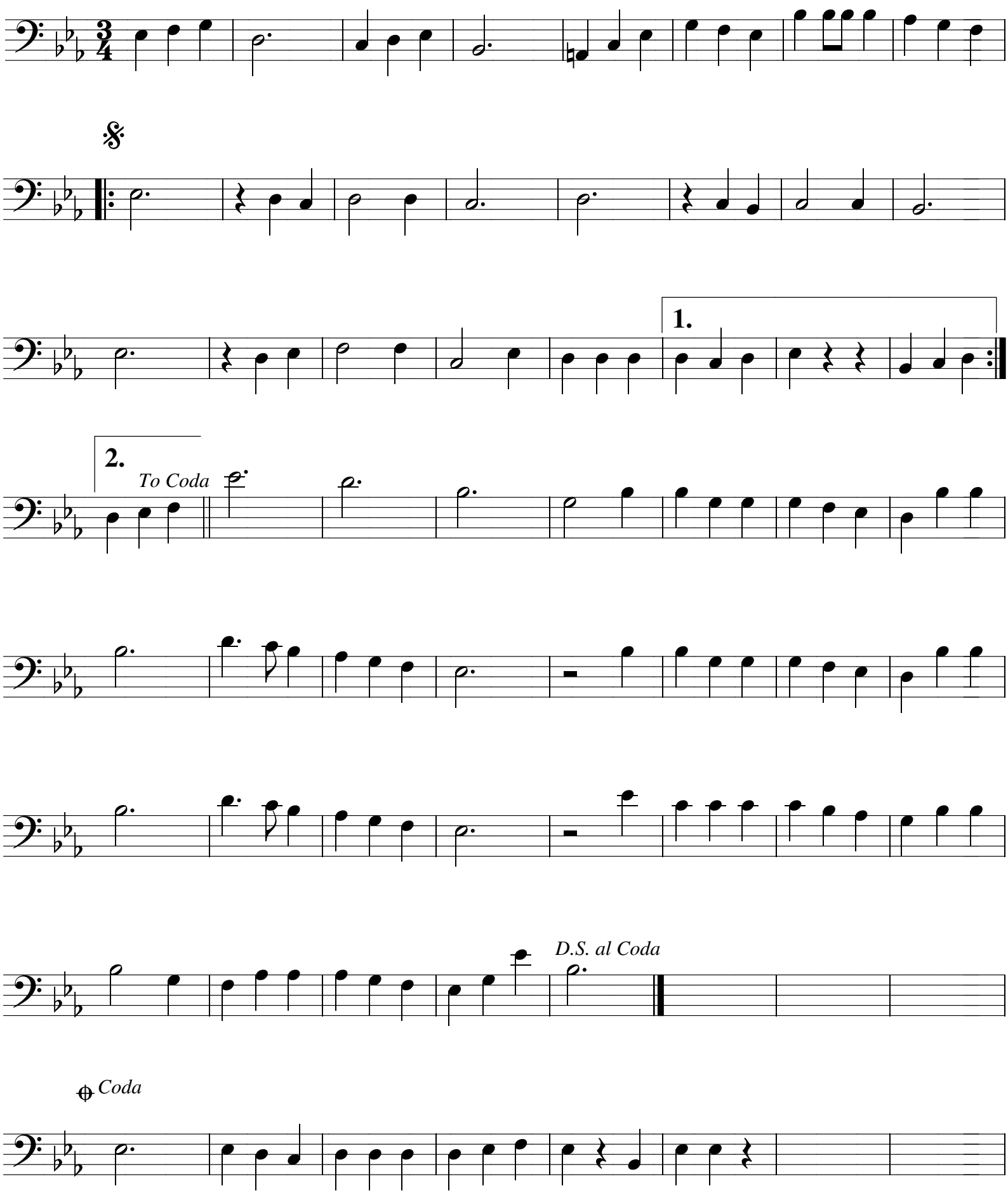Jao mèt de Karneval